THE BIG ONE
TIPS

Hey, I’m back and I have three practical tips that’ll help you survive the Big One.

First: Get Water!
The recommendation is to get one gallon of water per person or animal per day. And that includes things like washing your hands or brushing your teeth. I know that’s a lot of water to get and store in your house or if you live in an apartment. So what you can do is have a bottle of water everywhere you might be. Dr. Lucy Jones says, “however much water you have, get more!”

Second: Get a First Aid Kit.
Or at the very least get some gauze, burn cream, and band aids. Hospitals are going to be super overwhelmed and the most common injury after the Northridge earthquake was people cut by broken glass. So you’d want to put yourself in a position where you can take care of that yourself.

Last tip: Get a Radio.
And I’m not just saying that because I work at a radio station. When the Big One hits, you’re not gonna be able to get on Facebook, internet’s gonna be down, and you might not even be able to call people. So, where are you gonna get information? Hand crank radio or your car radio!

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